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| Meal Samples |
| Breakfast | Image result for weetabixImage result for porridgeSelection of cerealPorridgeToast |
| Lunch | Image result for rice saladScrambled Egg on ToastRice SaladPicnic Lunch (sometimes includes homemade bread/scones cakes ect.)Quiche & SaladImage result for scrambled egg on toastPasta SaladImage result for homemade pizzaCream cheese/Ham sandwiches (sometimes made by the children) with veg sticks.Make your own pizzaOmeletteSoup with bread/rollsPesto pasta |
| Tea | Image result for sausage casserolePasta in homemade vegetable sauce with vegetables.Make your own pizza with garlic bread & saladSpaghetti carbonara & vegetablesBeef CasseroleRoast ChickenJacket Potato with Cheese & beans or Tuna mayo & sweetcornImage result for spaghetti bologneseChicken and Vegetable Kebabs served with RiceVegetarian Spaghetti Bolognaise & Garlic BreadImage result for carbonaraVegetarian Lasagne & BroccoliChicken Curry served with Rice or NoodlesPasta CarbonaraCauliflower & Broccoli CheeseSausages and homemade wedges & VegetablesVegetarian ChilliSausage Casserole |